

Sainsbury's Blueberry Muffins x4



Dietary Information

ALLERGY ADVICE: For allergens, including cereals containing gluten, please see ingredients in **bold**. Products from our in store bakery are not suitable for customers with an allergy to Cereals containing gluten (Wheat, Rye, Barley, Oats, Spelt, Kamut), Egg, Peanut, Soya, Milk, Nuts, Celery, Mustard, Sesame or Sulphites due to the way these products are prepared.

Ingredients

INGREDIENTS: Fortified British Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Rapeseed Oil, Blueberries (12%), Water, Pasteurised **Egg**, Cornflour, **Wheat** Starch, Whey Powder (Cows' **Milk**), Whey Protein Concentrate (Cows' **Milk**), Raising Agents: Potassium Hydrogen Carbonate, Disodium Diphosphate; Humectant: Vegetable Glycerine; Flavouring, Preservative: Potassium Sorbate.

Health

Suitable for Vegetarians

Sainsbury's Chocolate Chunk Muffins x4



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Ingredients

INGREDIENTS: Fortified British Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Rapeseed Oil, Milk Chocolate Chunks (15%) (Sugar, Cocoa Butter, Cocoa Mass, Whole Cows' **Milk** Powder, Whey Powder (Cows' **Milk**), Emulsifier: **Soya** Lecithin), Water, Pasteurised **Egg**, Humectant: Vegetable Glycerine; Cornflour, **Wheat** Starch, Whey Powder (Cows' **Milk**), Raising Agents: Potassium Hydrogen Carbonate, Disodium Diphosphate; Whey Protein Concentrate (Cows' **Milk**), Flavouring.

Health

Suitable for Vegetarians

Sainsbury's Unsweetened Soya Drink 1L



Dietary Information

Allergy Advice

For allergens, see ingredients in **bold**

Ingredients

INGREDIENTS:Water, Hulled **Soya** Bean (7%), Tri-calcium Phosphate, Maltodextrin, Flavouring, Stabiliser: Gellan Gum; Vitamin B12, Vitamin D2, Riboflavin (B2).

N/A

Health

Reducing consumption of saturated fat as part of a balanced diet and lifestyle can help maintain normal cholesterol levels.

Milk Free

Oatly Oat Drink Barista Edition Long Life 1L



Ingredients

- Water,
Oats 10%,
Rapeseed Oil,
Acidity Regulator (Dipotassium Phosphate),
Minerals (Calcium Carbonate, Potassium Iodide),
Salt,
Vitamins (D2, Riboflavin and B12)

Dietary Information

Suitable for Vegans

Free From Milk

Contains Oats

Free From Soya

Allergy Advice
Free from Milk and Soya.

Alpro Almond No Sugars Long Life Drink 1L



Ingredients

- Water, **Almond** (2.3%),
Calcium [Tri-Calcium Phosphate],
Sea Salt,
Stabilisers (Locust Bean Gum, Gellan Gum),
Emulsifier (Lecithins (Sunflower)),
Vitamins (B2, B12, E, D2)

Dietary Information

Gluten free

Low Fat

No Sugar

Suitable for Vegans

Contains Almonds

May Contain Nuts

Free From Colours

Free From Preservatives

Free From Sweeteners

Allergy Advice

May contain traces of Nuts (no Peanuts).

Bottlegreen Elderflower Cordial



Ingredients

- Sugar, Cotswold Spring Water Elderflowers, Fructose, Citric Acid, Natural Flavourings

Dietary Information

Suitable for Vegans

Free From Artificial Colours

Free From Artificial Flavours

Free From Artificial Sweeteners

Sainsbury's Jam Doughnuts x5



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Ingredients

INGREDIENTS: Fortified British Wheat Flour (**Wheat** Flour, **Wheat** Protein, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, Apple and Raspberry Jam (21%) (Glucose-Fructose Syrup, Apple Concentrate, Raspberry Concentrate, Gelling Agent: Pectin; Acidity Regulators: Citric Acid, Sodium Citrate; Colour: Anthocyanins; Flavouring, Preservatives: Potassium Sorbate, Ascorbic Acid; Dimethylpolysiloxane), Rapeseed Oil, Palm Oil, Water, Emulsifiers: Mono- and Diglycerides of Fatty Acids, Mono- and Diacetyl Tartaric Acid Esters of Mono- and Diglycerides of Fatty Acids; Yeast, **Wheat** Fibre, Raising Agents: Disodium Diphosphate, Sodium Hydrogen Carbonate; Stabiliser: Carboxymethylcellulose; Salt, Flavouring, Flour Treatment Agent: Ascorbic Acid.

Health

Suitable for Vegetarians

Nature Valley Crunchy Oats & Honey Cereal Bars 5x42g



Ingredients

- Whole Grain Rolled **Oats** (60%),
Sugar,
Sunflower Oil,
Honey (3%),
Salt,
Molasses,
Emulsifier: Sunflower Lecithin,
Raising Agent: Sodium Bicarbonate

Dietary Information

Suitable for Vegetarians

For allergens, see ingredients in bold.

May Contain Nuts

Contains Oats

May Contain Peanuts

May Contain Soya

May Contain Wheat

Free From Colours

Free From Preservatives

Allergy Advice

May contain Soy, Wheat, Peanuts and Tree Nuts.

Kellogg's Coco Pops Breakfast Cereal Bars 6x20g



Ingredients

- Kellogg's Coco Pops Cereals (42%) (Rice, Glucose Syrup, Sugar, Fat Reduced Cocoa Powder, Cocoa Mass, Salt, **Barley** Malt Extract, Flavourings, Niacin, Iron, Vitamin B6, Vitamin B2 {Riboflavin}, Vitamin B1 {Thiamin}, Folic Acid, Vitamin D, Vitamin B12),

Vegetable Oils (Palm, Palm Kernel, Coconut) in varying proportions, Sweetened Condensed Skimmed **Milk** (8%) (Skimmed **Milk**, Sugar), Starch, Glucose Syrup, Invert Sugar Syrup, Sugar, Dried Skimmed **Milk** (4%), Oligofructose, Calcium Carbonate, Fructose, Humectants (Glycerol, Sorbitol), **Milk** Whey Powder, Fat Reduced Cocoa Powder, Flavouring Emulsifier (**Soy** Lecithin), Antioxidants (Ascorbyl Palmitate, Alpha Tocopherol), Vitamin D

Dietary Information

Halal

Suitable for Vegetarians

For allergens see ingredients highlighted in bold

Contains Barley

Contains Milk

Contains Soya

Free From Artificial Colours

Free From Artificial Preservatives

Free From Artificial Sweeteners

Nakd Cocoa Orange Fruit & Nut Bars

4x35g



Ingredients

- Dates† 40%,
Cashews 40%,
Raisins 14%,
Cocoa 5%,
Orange Oil,
A hint of Natural Flavouring,
†Dates not from Britain

Dietary Information

Gluten free

Kosher

No Added Sugar

Suitable for Vegans

Contains Cashew Nuts

May Contain Nuts

May Contain Peanuts

May Contain Soya

Free From Wheat

Allergy Advice

May contain traces of Soya, Peanuts, other Nuts.

Nakd Blueberry Muffin Fruit & Nut Bars

4x35g



Ingredients

- Dates† 58%,
Cashews 15%,
Raisins 15%,
Almonds 10%,
Blueberries 2%,
A hint of Natural Flavouring,
†Dates not from Britain

Dietary Information

Gluten free

Kosher

No Added Sugar

Suitable for Vegans

Contains Almonds

Contains Cashew Nuts

May Contain Nuts

May Contain Peanuts

May Contain Soya

Free From Wheat

Allergy Advice

May contain traces of **Soya, Peanuts**, other **Nuts**

